

Each treatment to be taken with:

Acidophyllus, vitamin B complex, and a proton-pump inhibitor (PPI) such as nexiam, lozec, lanzor, pantoloc.

In between treatments, according to the blood test results, use:

Legalon as a liver booster (vitamin B complex),

Thyroid hormones if thyroid antibodies are elevated

Quinine (Resorchin for overseas patients) if ANF, RF, CRP are elevated
(warning: Quinine can cause black spots in eyes. If this happens
discontinue intake.)

PPI to be taken the whole month in the case of H. Pylor or any other
epigastric tenderness.